



## Lima and Cuzco with 4-Day Inca Trail to Machu Picchu



The Inca trail

The Inca Trail winds between the Sacred Valley of the Urubamba River and the previously abandoned citadel of Machu Picchu, connecting the four corners of the Inca Empire. Hiking any portion of the Inca Trail is a thrilling and unforgettable experience as you travel the paths that were long ago made by the Incas. Yampu travelers sample a small section of the trail in this tour, enjoying breathtaking views of the Andes Mountain range and its high snow-capped peaks. This trip also includes stays in Cuzco and Lima, the capital of Peru.

Recently, following UNESCO recommendations, Peruvian authorities have placed restrictions on the visitation of Machu Picchu, the lost Incan ruins. Currently, no more than 2,500 people daily will be allowed to visit the ruins. While these new restrictions are great for the preservation of the ruins, they may cause some difficulties in your ability to visit them, so we recommend booking with plenty of notice.

This trip can be customized to fit your individual travel dates and any specific requests you may have. Usually there are no set dates for our trips, however because of Government regulations the Inca Trail departs only on certain days and must be booked with plenty of notice. Permits may sell out about 3 or more months in advance during the high season and will be confirmed on a first come-first served basis. Passport number and date of birth must be provided at time of booking. Your travel consultant will prepare a customized itinerary for you. We offer a choice of 3, 4, 5-star and deluxe hotels. The Deluxe option comes with the following Orient Express hotels: the Sanctuary Lodge in Machu Picchu, Monasterio in Cuzco and the Park Plaza in Lima.

This tour includes airfare allowance from Miami (US), on non-holiday dates. You do not need to fly via Miami; Yampu will fly you the most direct way to your city of destination. Depending on your travel dates and proximity of travel, we will quote you the most economical surcharge from your city or country of origin.

### Pricing

Occupancy Type	3-star	4-star	5-star	Deluxe
Double/Triple	\$ 3460	\$ 3802	\$ 4155	\$ 4645
Single	\$ 4107	\$ 4766	\$ 5202	\$ 6143

Prices shown above are per person, in US Dollars (\$).



Cuzco



Machu Picchu

## Itinerary

### Day 1

Overnight flight to Lima, Peru.

### Day 2

Note: check-in is normally after 2 pm. Early check-in may be granted subject to availability (not confirmed).

### Day 3

Morning transfer to the airport to take the flight to Cuzco. Upon arrival in Cuzco, transfer to your hotel. Afternoon at leisure to acclimatize.

### Day 4

Afternoon city tour of Cuzco, visit the Korikancha Temple or Temple of the Sun and the Cathedral and its Art Museum. After your visits, you will continue to the nearby water shrine of Tambomachay (the Inca Fountains), Puca Pucara (the Red Fortress), the amphitheater of Kenko and finally the Sacsahuaman Fortress. After the tour, return to your hotel.

Note: Because of the altitude in Cuzco, we recommend that this tour be done privately at your own pace, at an additional cost of \$28 per person, based on two people.

### Day 5

Between 4:00 and 4:30 am, we will pick you up at your hotel in our own private bus. We will then drive to Piskacuchu (2,700 meters above sea level), a community located on the 82nd kilometer of the Cusco –Machu Picchu railroad. Starting at this point, we will cross the bridge and walk along the left shore of the Urubamba River as it flows northwest along the Sacred Valley. Following the trail along a flat terrain, we will arrive in Miskay (2,800 meters), to then ascend and finally see, from the tallest part of an overlook, the Inca city of Patallacta (2,750 meters). We will continue trekking along the valley created by the Kuschaca River, gradually climbing for about five hours until we reach our first campsite in the Wayllabamba village (3,000 meters). All along the way we will see spectacular views of the Vilcanota ridge on the opposite side of the Urubamba River, where the impressive Veronica peak reigns at 5,832 meters above sea level. Not to mention the diversity of wild flora and fauna that can be found all along the valley. Total distance: 12 km (7.4 miles) Estimated walking time: 5-6 hours Maximum altitude point: 3,000 meters (9,840 feet) Campsite altitude: 3,000 meters (9,840 feet).

### Day 6

We will wake up at around 6:00 am, and after breakfast we will leave Wayllabamba behind to begin the most difficult part of the trek, which consists of an abrupt and steep ascent that stretches for 9 kilometers. Along this climb, the landscape changes from sierra to puna (a dry and high area with little vegetation). On the way to the first mountain pass, the Abra Warmihuañusca (Dead Woman's Pass), we will see domesticated llamas and alpacas grazing on ichu, one of the few plants that grow at that altitude. We will also cross an area of the so-called cloud forest, which is the habitat for many different kinds of birds like hummingbirds and sparrows and the Andean bear, also called the Spectacled Bear. We advise that on this day especially, your daypack is well stocked with candies, chocolates and coca leaves that will keep your sugar level high, and help with altitude sickness. Immediately after the pass, we will descend into the Pacaymayo valley (3,600 meters), where we will camp after approximately 6 hours of hiking. Total distance: 11 kilometers (6.8 miles). Estimated walking time: 6-7 hours. Maximum altitude

point: 4,200 meters (13,776 feet). Campsite altitude: 3,500 meters (11,480 feet).

## Day 7

This day is the longest but also the most impressive and the most interesting, due the number of archeological sites that we will visit and learn about from our guide. From Pacaymayo, we will climb to the second pass, the Abra de Runkurakay (3,970 meters). Halfway up, we will visit the archeological complex with the same name. This site, located at 3,800 meters, consists of a small oval structure that is believed to have served the purpose of a watchtower. After going over the pass, we will descend toward Yanacocha (Black Lagoon) and enter the cloud forest to finally arrive at Sayacmarca (3,624 meters). This is a beautiful complex made up of a semicircular construction, enclosures at different levels, narrow streets, liturgical fountains, patios and irrigation canals. Continuing up an easy climb, we will arrive at the third pass, the Abra de Phuyupatamarca (3,700 meters). Along this climb, we can appreciate the magnitude of the Incas' ancient craft, by walking along paths semi-detached from the mountain, and seeing rocks that fill up ravines in perfect order, saving the trail from the multileveled Andean geography. We go through an Inca tunnel to later arrive at the aforementioned pass and down to the complex of the same name. This is one of the most complete and best-preserved archeological complexes along the Inca Trail to Machu Picchu and is located on the highest point of a mountain. Curiously, Phuyupatamarca means "town over the clouds." From above, one can observe a sophisticated sacred complex made up of water fountains with solid foundations and also impressive views of the Urubamba River valley and the long descending stone steps along which we will continue to Wiñaywayna (2,700 meters). At this campsite, we will find a lodge with a restaurant, bar and bathrooms with hot showers. The campsite has the same name as the complex located only five minutes away from the lodge. Wiñaywayna is an impressive complex made up of an agricultural center with numerous terraces, a religious sector and an urban sector. Total distance: 16 kilometers (9.9 miles). Estimated walking time: 8 hours. Maximum altitude point: 3,900 meters (12,792 feet). Campsite altitude: 2,650 meters (8,692 feet).

## Day 8

On this fourth and last day, we will get up at 4:00 am to leave Wiñaywayna an hour later and climb to Intipunku, or the Sun Gate. This will take an hour of hiking along a trail of flat stones on the edges of cliffs in the highland jungle. From this fabulous spot, we will see the sunrise over the sacred citadel of Machu Picchu. From Intipunku, we will descend into Machu Picchu, and 40 minutes later we will enter the citadel from the highest point through the "House of the Guardians." We will then descend to the control point where we will register ourselves and leave our backpacks. We will immediately begin a complete guided tour of the Inca citadel that will take about two hours. You will then have free time to walk around, climb the Huayna Picchu mountain, where one can experience spectacular views of all of Machu Picchu, and the valleys and mountains that surround it, or visit the Temple of the Moon and the fabulous Inca Bridge. In the afternoon, we will meet in the town of Aguas Calientes where, if you like, you can visit and relax in the thermal baths. In the evening, we will enjoy a wonderful dinner at the hotel or in the village of Aguas Calientes. Overnight at a hotel in Machu Picchu. Total distance: 4 kilometers (2.4 miles). Estimated walking time: 2 hours. Maximum altitude point: 2,700 meters (8,829 feet) Hotel altitude: 2,400 meters (7,872 feet).

Note: Government regulations limit the number of visitors to Machu Picchu daily. Entrance is subject to availability. Please book with plenty of notice so we may confirm your entrance to the ruins. Machu Picchu entrance tickets are nonrefundable and nontransferable.

## Day 9

Day at leisure. You may choose to return to Machu Picchu, hike Huayna Picchu or relax in the village of Aguas Calientes and its hot springs. In the afternoon, we will board the train to return to Cuzco. Upon arrival, train station reception and transfer to your hotel.

Note: Entrance tickets to Machu Picchu on this day are not included. Please contact your Yampu travel consultant if you think you would like to go back to the ruins or hike the Huayna Picchu at time of booking (subject to availability).

## Day 10

Transfer to airport, to return to Lima. Upon arrival, transfer to your hotel. Afternoon shopping tour of Lima, taking you to the famous handicraft markets accompanied by our guides.

## Day 11

Transfer to the airport to take the flight back home.

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## Price includes:

- Air transportation from Miami to Lima in economy class (surcharge applicable from other cities)
- Air transportation from Lima to Cuzco return
- Hotel accommodation including 1 night in Machu Picchu
- All transfers between airports and hotels with assistance and baggage handling
- Guided tours in English including all entrance fees

- Meals where specified
- All camping equipment which includes tents and mattresses
- All meals at the Inca Trail
- A specialized guide at the Inca Trail
- Local airport taxes that are payable in the country of destination are not included. Taxes and security fees that can be paid at time of ticketing are already included in the quote (if airfare has been included in the quote)

Note: Single travelers must be willing to share a tent on Inca Trail. Surcharge will apply otherwise.

The Inca Trail has set departure dates, which vary every month. Private hikes may be booked upon request and may be available most dates at a surcharge of \$425 per person, based on two people traveling or \$850 based on one person traveling.

#### Inca Trail Departure Dates

2012

Jan (Wed): 4, 11, 18, 25

Feb: (Inca Trail CLOSED)

Mar (Wed): 1, 7, 14, 21, 28, 31

Apr (Wed, Sat): 4, 7, 11, 14, 18, 21, 25, 28

May (Wed, Sat + 3 Mon): 2, 5, 7, 9, 12, 14, 16, 19, 23, 26, 28, 30

Jun (Wed, Sat + 2 Mon): 2, 4, 6, 9, 13, 16, 18 (arrival MP on June 21 / winter solstice), 20, 23, 27, 30

Jul (Wed, Sat + 2 Mon): 2, 4, 7, 11, 14, 16, 18, 21, 25, 28

Aug (Wed, Sat + 2 Mon): 1, 4, 6, 8, 11, 15, 18, 20, 22, 25, 29

Sep (Wed, Sat + 1 Mon): 1, 5, 8, 10, 12, 15, 19, 22, 26, 29

Oct (Wed, Sat): 3, 6, 10, 13, 17, 20, 24, 27, 31

Nov (Wed): 7, 14, 21, 28

Dec: 5, 12, 20, 27

Groups may be confirmed on alternative dates to the ones stated provided a minimum group size of 6 passengers is reached upon booking and Inca Trail spaces are available.

Hike Rate: moderate to difficult due to the high altitude and steep ascents. We recommend that you rest on your first day in Cuzco; if you are prone to altitude sickness please consult with your physician.

#### Optional services (at an additional cost)

- Porter to carry your personal items: \$150 / 4 days. A porter can carry up to 18 kg, which should be enough for two people. Request for porters must be placed simultaneously as the Inca Trail permits. It cannot be added after the trek has been booked.
- Sleeping bag rent: \$30 / 4 days. Our sleeping bags are -5°C-comfort and mummy form. They are cleaned after every use and have a maximum usage of 20 trips.
- Therm-a-rest inflatable mattress rent: \$30.00 / 4 days.

Note: Cost includes Expedition train for 3-star category, and Vistadome train for 4-star category and above. Expedition train features comfortable seats, fixed tables, backpack storage, panoramic windows as well as heating and air conditioning. Vistadome is ideal for travelers who want a personalized immersion of Andean culture with traditional dances and music along the way. This train features panoramic windows, leather seats, new table design as well as heating and air conditioning. Upgrades available from Expedition to Vistadome; please add \$46 per person.

Deluxe service Hiram Bingham train features an observation wagon with a bar and two dining cars. In addition, this train includes a gourmet brunch on board, exclusive bus return to Machu Picchu, entrance to Machu Picchu as well as a guided tour. Afternoon tea in the Sanctuary Lodge, pre-dinner cocktails and a 4-course, a la carte dinner is also included. Does not operate on Sundays. Upgrades available from

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Vistadome to Hiram Bingham Deluxe; please add \$575 per person.