



## Lima, Cuzco and Machu Picchu with Arenal Volcano



Machu Picchu

Yampu combines the archeological wonders of Peru with the fascinating rainforests and volcanoes of Costa Rica. We will visit Lima (the capital of Peru), Cuzco (ancient capital of the Inca empire), and stay a night near the mountaintop citadel of Machu Picchu. We then travel to the Central American oasis of Costa Rica, partaking in its long history and many eco-resorts.

Recently, following UNESCO recommendations, Peruvian authorities have placed restrictions on the visitation of Machu Picchu, the lost Incan ruins. Currently, no more than 2,500 people daily will be allowed to visit the ruins. While these new restrictions are great for the preservation of the ruins, they may cause some difficulties in your ability to visit them, so we recommend booking with plenty of notice.

Note: Since you are visiting Peru prior to Costa Rica, a yellow fever international immunization certificate is required for this trip. This must be obtained at least 2 weeks prior to departure and must be taken on the trip. You will not be allowed to board the plane to Costa Rica without a certificate.

This tour includes airfare allowance from London (UK), on non-holiday dates. You do not need to fly via London; Yampu will fly you the most direct way to your city of destination. Depending on your travel dates and proximity of travel, we will quote you the most economical surcharge from your city or country of origin.

### Pricing

Occupancy Type	3-star	4-star	5-star	Deluxe
Double	£ 3841	£ 4253	£ 4851	£ 5202
Single	£ 4696	£ 5386	£ 6244	£ 6914



Arenal Volcano



Cuzco

# Itinerary

## Day 1

Overnight flight to Lima.

## Day 2

Upon arrival, transfer to your hotel. Afternoon, city tour of Lima—one of the most important cities in South America since its founding in 1535. Journey through the historic center of the city. Admire the beauty of San Martín and Major squares, the Cathedral, the Government Palace and visit San Francisco Convent, a religious building from the end of the 16th century, and its catacombs. Also drive through the residential districts of San Isidro and Miraflores.

## Day 3

Morning transfer to the airport to take the flight to Cuzco. Upon arrival in Cuzco, transfer to your hotel. Afternoon city tour of Cuzco, visit the Korikancha Temple or Temple of the Sun and the Cathedral and its Art Museum. After your visits, you will continue to the nearby water shrine of Tambomachay (the Inca Fountains), Puca Pucara (the Red Fortress), the amphitheater of Kenko and finally the Sacsahuaman Fortress. After the tour, return to your hotel.

Note: Because of the altitude in Cuzco, we recommend that this tour be done privately at your own pace, at an additional cost of \$28 per person, based on two people.

## Day 4

Morning, transfer to the train station. Train takes us through the Sacred Valley of the Incas up to the town of Aguas Calientes. From here, we will board a bus to the mountaintop citadel of Machu Picchu. We will then have a guided tour of the ruins. Machu Picchu, the lost city of the Incas, was a flourishing ceremonial and agricultural site, probably the gateway to the jungles of the Inca empire. The central buildings were erected with the polished stoneworks of the Cuzco Imperial style, though the site was probably occupied well before the Incas started their expansion. It was associated with the earth cult revolving around the coca leaf, which was a privilege of the Inca royal family and priests. You will have time to enjoy a light lunch or snack and return to your hotel at your leisure. In the evening, we will enjoy a wonderful dinner at the hotel or in Aguas Calientes.

Note: Government regulations limit the number of visitors to Machu Picchu daily. Entrance is subject to availability. Please book with plenty of notice so we may confirm your entrance to the ruins.

## Day 5

Day at leisure. You may choose to return to Machu Picchu, hike Huayna Picchu or relax in the village of Aguas Calientes and its hot springs. In the afternoon, we will board the train to return to Cuzco. Upon arrival, train station reception and transfer to your hotel.

Note: Entrance tickets to Machu Picchu on this day are not included. Please contact your Yampu travel consultant if you think you would like to go back to the ruins or hike the Huayna Picchu at time of booking (subject to availability).

## Day 6

Transfer to the airport to take the flight to Lima and connect with the flight to San José. Upon arrival, transfer to your hotel.

## Day 7

La Paz Waterfalls, Poas Volcano and Coffee Plantation Tour: Visit a third-generation coffee plantation and learn how coffee is picked, milled, ground and roasted. We then continue to Poas Volcano, one of the four active volcanoes in Costa Rica. The crystal-blue sulfur pools will amaze you along with the steam rising from the various volcanic vents. Following the visit to the volcano we will continue to La Paz Water Fall Garden for lunch (included) and tour. On arrival to the La Paz, we will walk through a trail, leading to a spectacular waterfall in the middle of the rainforest. Visitors to the trails will be able to view Templo Waterfall and Magia Blanca Waterfall. Inside the park we will also visit the hummingbird gallery, the serpentarium, the bird house, the butterfly garden and the frog's exhibit. After the tour, continue to Arenal and check into your hotel

## Day 8

Morning, visit to the Arenal Hanging Bridges. Located within the corridor followed by birds migrating between North and South America, the trails and bridges of this project will bring you as close as you could ever hope to get to the birds, the flowers and the lush vegetation of the primary rain forest. You will be able to walk right into the forest, thanks to the imposing hanging bridges and the beautiful trails that are safe and easy to walk on. In the afternoon, return to your hotel to rest.

At around 4 p.m., we will pick you up from the hotel to see the activities of the great Arenal Volcano: its constant emissions of gases, vapors of

water and explosions of fireworks. We will then go to the Tabacon Hot Springs for a fabulous and healing bath. Dinner at Tabacon included.

## Day 9

Today you may choose from a variety of excursions according to your own interests and level of activity (one excursion included in trip cost). You may want to go biking, mountain hiking, horseback riding, rafting or do the Arenal Reserve Sky Tram/Sky Trek; or visit the Venado Caverns or the Caño Negro Wildlife Refuge.

## Day 10

Return to San José and transfer to the airport to take international flight back home.

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## Price includes:

Air transportation from Miami to Lima, Lima to San José and San José to Miami in economy class (surcharge applicable from other cities); air transportation from Lima to Cuzco return; hotel accommodation including continental or buffet breakfast; all transfers between airports and hotels with assistance and baggage handling; guided tours in English including all entrance fees; meals where specified. Local airport taxes that are payable in the country of destination are not included. Taxes and security fees that can be paid at time of ticketing are already included in the quote (if airfare has been included in the quote).

Note: Cost includes Expedition train for 3-star category, and Vistadome train for 4-star category and above. Expedition train features comfortable seats, fixed tables, backpack storage, panoramic windows as well as heating and air conditioning. Vistadome is ideal for travelers who want a personalized immersion of Andean culture with traditional dances and music along the way. This train features panoramic windows, leather seats, new table design as well as heating and air conditioning. Upgrades available from Expedition to Vistadome; please add \$46 per person.

Deluxe service Hiram Bingham train features an observation wagon with a bar and two dining cars. In addition, this train includes a gourmet brunch on board, exclusive bus return to Machu Picchu, entrance to Machu Picchu as well as a guided tour. Afternoon tea in the Sanctuary Lodge, pre-dinner cocktails and a 4-course, a la carte dinner is also included. Does not operate on Sundays. Upgrades available from Vistadome to Hiram Bingham Deluxe; please add \$575 per person.

Tours on day 9 operate with a minimum of two passengers. If only one person is traveling or two people traveling want to pick different tours, this will be subject to confirmation at time of booking, and surcharge may apply. On day 10, you may fly from Arenal to San José, at an additional cost of \$85 per person; flights arrive at around 1 p.m., so you would need an evening departure from San José. Please check with your Yampu travel advisor; 5-star price includes superior room at the Pueblo Hotel in Machu Picchu including dinner; deluxe option available for this trip (only Peru) with the Orient Express Hotels: Park Plaza in Lima, Monasterio in Cuzco. Sanctuary Lodge in Machu Picchu (all meals included at Sanctuary Lodge)